

4 + 1 Inter District Gala 2017 - 2017/01/28

Results

Event 1 Mixed 500 LC Meter Freestyle Relay**RECORD: 5:02,45 * 2014/01/25 North West Swimming****R Boshoff, P Coetzé, I du Toit, M Botha**

Team	Relay	Finals Time	
1 NWS-BPD	A	5:12,92	28
2 NWS-KKD	A	5:17,19	20
3 NCASA-FBD	A	5:19,01	16
4 FEZ-FDD	A	5:25,57	14

Event 2 Girls 16-18 200 LC Meter IM**RECORD: 2:34,26 * 2015/01/31 Eliz-Maric Cronje**

Name	Age	Team	Finals Time	
1 Alice' Maritz	17	NCASA-FBD	2:46,27	14
2 Danita Blokker	16	NWS-KKD	2:47,97	10
3 Gabriella Pedro	16	NWS-BPD	2:48,21	8
4 Elizna Reyneke	16	NCASA-FBD	2:51,72	7
5 Anja Boucher	17	NWS-KKD	2:58,49	6
6 Tanya Toth	18	NWS-BPD	3:02,98	5

Event 2 Girls 19 & Over 200 LC Meter IM**RECORD: 2:34,60 * 2015/01/31 Sam Blaauw**

Name	Age	Team	Finals Time	
1 Licinda Kleynhans	19	NWS-KKD	2:37,71	14
2 Cornell Loubser	22	NWS-KKD	2:53,34	10
3 Martinette Du Toit	24	NCASA-FBD	3:40,01	8

Event 3 Boys 16-18 200 LC Meter IM**RECORD: 2:17,21 * 2016/01/30 Van Zyl Brand**

Name	Age	Team	Finals Time	
1 Cullen Thomas	16	FEZ-FDD	2:18,44	14
2 Ma'az Khota	16	NWS-BPD	2:21,05	10
3 Jayson de Beer	17	NWS-KKD	2:27,54	8
4 Juan-Pierre van Zyl	16	NWS-BPD	2:27,67	7
5 Devon Steyn	18	NCASA-FBD	2:29,16	6
6 Matt Roos	17	NCASA-FBD	2:31,62	5
7 Rudy van Graan	17	NWS-KKD	2:33,42	4
8 Lebo Motseare	17	FEZ-FDD	3:31,72	3

Event 3 Boys 19 & Over 200 LC Meter IM**RECORD: 2:18,27 * 2014/01/25 Willie Scheepers**

Name	Age	Team	Finals Time	
1 Van Zyl Brand	19	NWS-KKD	2:18,88	14
2 Michael Tsabedze	20	NWS-KKD	2:46,46	10

Event 4 Girls 9 & Under 100 LC Meter Breaststroke**RECORD: 1:31,41 * 1988 T Oosthuizen**

Name	Age	Team	Finals Time	
1 Mianique Lombard	9	FEZ-FDD	1:43,14	14
2 Simoné Henning	9	NWS-BPD	1:47,08	10
3 Ilze Nolte	9	NWS-KKD	1:51,05	8
4 Gemma Mansil	9	FEZ-FDD	1:54,27	7
5 Leané van Eeden	9	NCASA-FBD	2:01,02	6
6 Heili vd Bergh	9	NWS-BPD	2:01,64	5
7 Luané Scheepers	9	NWS-KKD	2:09,61	4
--- Monique Bekker	9	FEZ-FDD	SCR	

Event 5 Boys 9 & Under 100 LC Meter Backstroke**RECORD: 1:25,90 * 2013/01/26 Zander Z Landman**

Name	Age	Team	Finals Time	
1 David Adams	9	NCASA-FBD	1:33,70	14
2 Jaydon Jansen	9	NCASA-FBD	1:40,96	10
3 Edrich Cronje	9	FEZ-FDD	1:44,58	8
4 Dihandré Hartmann	8	FEZ-FDD	1:46,11	7

5 Christiaan Bothma	9	NWS-BPD	1:48,43	6
6 Pieter-Jacq du Toit	9	NWS-KKD	1:53,11	5
7 Petrie Denysschen	8	NWS-BPD	1:56,26	4
--- Johan de Witt	9	NWS-KKD	DQ	
Not on back off wall				

Event 6 Girls 7 & Under 50 LC Meter Breaststroke**RECORD: 1:03,98 * 2016/01/30 Xanthe Nagel**

Name	Age	Team	Finals Time	
1 Scarlett Botes	7	NWS-KKD	1:58,40*	28
2 Elizabeth Viljoen	7	NWS-BPD	1:05,61	10
3 Wilme van der Watt	7	FEZ-FDD	1:06,33	8
4 Elizabeth Opperman	7	NCASA-FBD	1:07,10	7
5 Amy Fluech	7	NWS-KKD	1:09,08	6
6 Sian Kleynhans	7	NCASA-FBD	1:14,53	5

Event 7 Boys 7 & Under 50 LC Meter Backstroke**RECORD: 52,70 * 2016/01/30 Cullen Mortlock**

Name	Age	Team	Finals Time	
1 Nealyn Cupido	7	NCASA-FBD	54,86	14
2 Francois Barendse	7	NCASA-FBD	56,35	10
3 Malan Jacobsz	7	NWS-KKD	57,32	8
4 Tiago Gomes	7	NWS-KKD	1:05,98	7
5 Sebastian Audagnotti	7	NWS-BPD	1:08,30	6

Event 8 Girls 10-11 50 LC Meter Butterfly**RECORD: 33,19 * 2003/02/01 Melissa H Alberts**

Name	Age	Team	Finals Time	
1 Noxy Dzanibe	11	NWS-BPD	38,08	14
2 Frankie Spies	11	NWS-BPD	39,26	10
3 Warona Tlali	11	FEZ-FDD	40,16	8
4 Meredith O'Tool	11	FEZ-FDD	41,56	7
5 Monny Steyn	11	NWS-KKD	41,90	6
6 Angel Geel	10	NWS-KKD	42,27	5
7 Emma Hamman	11	NCASA-FBD	47,42	4
8 Rone' vd Merwe	11	NCASA-FBD	50,13	3

Event 9 Boys 10-11 100 LC Meter Freestyle**RECORD: 1:07,12 * 2001/02/03 Magnes J Du Toit**

Name	Age	Team	Finals Time	
1 Jonathan Adams	11	NCASA-FBD	1:09,50	14
2 Tiaan Rossouw	11	NWS-KKD	1:10,81	10
3 Julian de Villiers	11	FEZ-FDD	1:14,54	8
4 Christiaan van Eeden	10	NWS-BPD	1:14,61	7
5 Antonie Pieterse	11	NWS-BPD	1:15,31	6
6 Stephan van Zyl	11	NCASA-FBD	1:15,81	5
7 HJ Knepscheld	11	FEZ-FDD	1:16,56	4
8 Aiden Nel	10	NWS-KKD	1:17,01	3

Event 10 Girls 18 & Under 50 LC Meter Freestyle**RECORD: 28,49 * 2013/01/26 Madri Bester**

Name	Age	Team	Finals Time	
1 Jana Coetzé	15	NWS-BPD	28,83	14
2 Bianca Opperman	15	NWS-KKD	29,34	10
3 Gabriella Pedro	16	NWS-BPD	29,62	8
4 Tharien vd Walt	16	NCASA-FBD	29,86	7
5 Carina Brand	16	NCASA-FBD	30,17	6
6 Danita Blokker	16	NWS-KKD	30,94	5

Event 10 Girls 19-30 50 LC Meter Freestyle**RECORD: 28,88 * 2016/01/30 Sam Blaauw**

Name	Age	Team	Finals Time	
1 Sam Blaauw	21	NWS-KKD	29,63	14
2 Nadia Blaauw	19	NWS-KKD	29,81	10

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(Event 10 Girls 19-30 50 LC Meter Freestyle)

Name	Age	Team	Finals Time	
3 Martinette Du Toit	24	NCASA-FBD	34,28	8

Event 10 Girls 31 & Over 50 LC Meter Freestyle**RECORD:** 34,35 * 2016/01/30 Marchelle Moolman

Name	Age	Team	Finals Time	
1 Sonet Smit	40	NCASA-FBD	35,34	14
--- Sybil de Beer	37	NWS-KKD	SCR	

Event 11 Boys 18 & Under 50 LC Meter Butterfly**RECORD:** 27,81 * 2016/01/30 Ma'az Khota

Name	Age	Team	Finals Time	
1 Wian Schoeman	16	NWS-BPD	28,01	14
2 Cullen Thomas	16	FEZ-FDD	28,06	10
*3 Devon Steyn	18	NCASA-FBD	28,37	7,5
*3 Jayson de Beer	17	NWS-KKD	28,37	7,5
5 Thinus Matthee	18	NCASA-FBD	29,27	6
6 Rudy van Graan	17	NWS-KKD	29,67	5
7 Ruben Cilliers	16	NWS-BPD	29,81	4
8 Estevan Fouché	16	FEZ-FDD	30,42	3
9 Lebo Motseare	17	FEZ-FDD	38,05	2

Event 11 Boys 19-30 50 LC Meter Butterfly**RECORD:** 25,02 * 2016/01/30 Willie Scheepers

Name	Age	Team	Finals Time	
1 Brendon de Beer	21	NWS-KKD	30,76	14
2 Eduan Appel	19	NWS-KKD	31,51	10
3 Rialdo Abrahams	29	NCASA-FBD	35,34	8

Event 11 Boys 31 & Over 50 LC Meter Butterfly**RECORD:** 33,08 * 2016/01/30 Trevor Wright

Name	Age	Team	Finals Time	
1 Bruce Rankin	53	NWS-BPD	40,28	14

Event 12 Girls 12-13 100 LC Meter Breaststroke**RECORD:** 1:17,69 * 2005/02/05 Melissa H Alberts

Name	Age	Team	Finals Time	
1 Jana van Rheede van Oudts	13	NWS-KKD	1:28,44	14
2 Carli Venter	13	NWS-BPD	1:29,13	10
3 Nina Slaughter	12	NWS-KKD	1:32,62	8
4 Tayla Lombard	13	FEZ-FDD	1:38,49	7
5 Bradine Knock	12	NWS-BPD	1:41,00	6
6 Marinell Smit	12	NCASA-FBD	1:41,90	5
7 Lene Broere	13	NCASA-FBD	1:45,57	4

Event 13 Boys 12-13 100 LC Meter Backstroke**RECORD:** 1:05,01 * 2009/01/31 Hardus Louw

Name	Age	Team	Finals Time	
1 Pieter Coetzé	12	NWS-BPD	1:09,36	14
2 Gideon Wolmarans	13	NWS-BPD	1:10,23	10
3 Kian Kirsten	13	FEZ-FDD	1:12,46	8
4 Jayden Nel	13	FEZ-FDD	1:18,13	7
5 Lionel Moss	13	NWS-KKD	1:18,21	6
6 Estiaan Davel	12	NCASA-FBD	1:18,55	5
7 Reynard Rossouw	13	NWS-KKD	1:22,00	4
8 Philip Vorster	13	NCASA-FBD	1:22,45	3

Event 14 Girls 14-15 100 LC Meter Butterfly**RECORD:** 1:05,49 * 2006/01/28 Christy L Lategan

Name	Age	Team	Finals Time	
1 Jana Coetzé	15	NWS-BPD	1:09,58	14
2 Idelé du Toit	14	NWS-KKD	1:13,09	10
3 Jasmine vd Nat	14	NWS-BPD	1:17,43	8

4 Alexia Duarte	15	NWS-KKD	1:17,45	7
5 Barbara-Anne De Bruin	15	NCASA-FBD	1:26,80	6
--- Dane' Olivier	14	NCASA-FBD	NS	

Event 15 Boys 14-15 100 LC Meter Freestyle**RECORD:** 54,70 * 2006/01/26 Gerard S Naus

Name	Age	Team	Finals Time	
1 Francois Du Plessis	15	NCASA-FBD	58,91	14
2 Theo Ferreira	14	NWS-KKD	1:00,23	10
3 William-Stephen Slaughter	14	NWS-KKD	1:00,86	8
4 Stephan Thompson	15	NCASA-FBD	1:01,50	7
5 Stefan Fourie	15	NWS-BPD	1:03,36	6
6 Rigard Nel	14	FEZ-FDD	1:04,48	5
*7 Dehan Baard	14	NWS-BPD	1:05,27	3,5
*7 Hanno Swanepoel	15	FEZ-FDD	1:05,27	3,5

Event 16 Girls 200 LC Meter Butterfly**RECORD:** 2:24,85 * Christy Lategan

Name	Age	Team	Finals Time	
1 Cornell Loubser	22	NWS-KKD	2:36,58	14
2 Sam Blaauw	21	NWS-KKD	2:42,92	10
3 Carina Brand	16	NCASA-FBD	2:47,73	8
4 Elisna Nel	14	NWS-BPD	3:33,67	7
5 Lwethu Mbatha	14	NWS-BPD	3:41,23	6
--- Mianique Lombard	9	FEZ-FDD	NS	

Event 17 Boys 200 LC Meter Freestyle**RECORD:** 1:58,57 * 2006/01/28 Jasper A Venter

Name	Age	Team	Finals Time	
1 Alexio dos Santos	20	NWS-KKD	2:05,52	14
2 Devon Steyn	18	NCASA-FBD	2:06,32	10
3 Juan-Pierre van Zyl	16	NWS-BPD	2:09,62	8
4 Van Zyl Brand	19	NWS-KKD	2:12,61	7
5 Thinus Matthee	18	NCASA-FBD	2:16,49	6
6 Wian Schoeman	16	NWS-BPD	2:18,09	5
7 Estevan Fouché	16	FEZ-FDD	2:38,66	4

Event 18 Girls 9 & Under 100 LC Meter Backstroke**RECORD:** 1:24,21 * 1988 T Oosthuizen

Name	Age	Team	Finals Time	
1 Mianique Lombard	9	FEZ-FDD	1:34,53	14
2 Xandri Palmer	9	NWS-KKD	1:38,07	10
3 Danielle Naudé	9	NWS-BPD	1:38,36	8
4 Marleen du Preez	9	NWS-BPD	1:45,95	7
5 Gemma Mansil	9	FEZ-FDD	1:47,23	6
6 Jane Smit	9	NCASA-FBD	2:01,74	5
7 Ilze Nolte	9	NWS-KKD	2:05,10	4
8 Janica Stone	9	NCASA-FBD	2:05,41	3

Event 19 Boys 9 & Under 100 LC Meter Breaststroke**RECORD:** 1:36,56 * 1984 A Keating

Name	Age	Team	Finals Time	
1 David Adams	9	NCASA-FBD	1:51,12	14
2 Johan de Witt	9	NWS-KKD	1:55,37	10
3 Juan-dre De Vos	9	NCASA-FBD	1:56,39	8
4 George Marais	9	FEZ-FDD	1:56,44	7
5 Alexander Venter	9	NWS-BPD	1:56,67	6
6 Edrich Cronje	9	FEZ-FDD	1:57,56	5
7 Neil Holtzhausen	9	NWS-BPD	1:59,79	4
8 Schalk de Vos	9	NWS-KKD	2:05,93	3

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Name	Age	Team	Finals Time	
1 Jade vd Nat	11	NWS-BPD	1:16,27	14
2 Zanri De Witt	11	FEZ-FDD	1:17,15	10
3 Caylin Gous	11	NCASA-FBD	1:17,98	8
4 Monny Steyn	11	NWS-KKD	1:19,25	7
5 Frankie Spies	11	NWS-BPD	1:20,69	6
6 Angel Geel	10	NWS-KKD	1:21,29	5
7 Meredith O'Tool	11	FEZ-FDD	1:22,21	4
8 Cameron Gilbert	11	NCASA-FBD	1:22,86	3

Event 21 Boys 10-11 50 LC Meter Butterfly**RECORD: 32,42 * 2016/01/30 Pieter Coetzé**

Name	Age	Team	Finals Time	
1 Jonathan Adams	11	NCASA-FBD	33,80	14
2 Tiaan Rossouw	11	NWS-KKD	36,48	10
3 Antonie Pieterse	11	NWS-BPD	37,04	8
4 Edmund Nel	10	NWS-BPD	37,78	7
5 HJ Knepscheld	11	FEZ-FDD	38,47	6
6 Wessel van Niekerk	11	NCASA-FBD	39,05	5
7 Tiaan van der Westhuizen	11	FEZ-FDD	39,92	4
8 John-Thomas Botha	11	NWS-KKD	44,99	3

Event 22 Girls 14-15 200 LC Meter IM**RECORD: 2:35,22 * 2015/01/31 Tanya Pieterse**

Name	Age	Team	Finals Time	
1 Jana Coetzé	15	NWS-BPD	2:41,67	14
2 Idelé du Toit	14	NWS-KKD	2:41,71	10
3 Bianca Opperman	15	NWS-KKD	2:46,49	8
4 Miré Greyling	14	NWS-BPD	2:56,25	7
5 Andria Opperman	15	NCASA-FBD	3:21,37	6
6 Shanay Gouws	15	FEZ-FDD	3:23,65	5

Event 23 Boys 14-15 200 LC Meter IM**RECORD: 2:19,03 * 2015/01/31 Robbie Le Roux**

Name	Age	Team	Finals Time	
1 Malcolm Botha	14	NWS-KKD	2:27,14	14
2 Stephan Thompson	15	NCASA-FBD	2:28,40	10
3 Theo Ferreira	14	NWS-KKD	2:34,68	8
4 Dehan Baard	14	NWS-BPD	2:44,93	7
5 Kyle Schoeman	14	NWS-BPD	2:48,90	6
6 Hanno Swanepoel	15	FEZ-FDD	2:52,24	5
7 Jarrett van den Berg	14	FEZ-FDD	3:00,43	4
8 Tim Roos	15	NCASA-FBD	3:14,11	3
--- Ruan Wolstenholme	15	NCASA-FBD	SCR	

Event 24 Girls 18 & Under 50 LC Meter Backstroke**RECORD: 32,36 * 2016/01/30 Eliz-Maric Cronje**

Name	Age	Team	Finals Time	
1 Gabriella Pedro	16	NWS-BPD	33,27	14
2 Alice' Maritz	17	NCASA-FBD	33,57	10
3 Jasmine vd Nat	14	NWS-BPD	34,79	8
4 Zanri Pieterse	15	NWS-BPD	36,16	7
5 Anica Dennis	14	NWS-KKD	36,49	6
6 Elizna Reyneke	16	NCASA-FBD	37,03	5
7 Alyssa Norman	14	NWS-KKD	38,76	4
--- Tanya Toth	18	NWS-BPD	SCR	

Event 24 Girls 19-30 50 LC Meter Backstroke**RECORD: 32,16 * 2014/01/25 Mylize Symington**

Name	Age	Team	Finals Time	
1 Nadia Blaauw	19	NWS-KKD	33,24	14

2 Sam Blaauw	21	NWS-KKD	34,64	10
3 Martinette Du Toit	24	NCASA-FBD	41,93	8

Event 24 Girls 31 & Over 50 LC Meter Backstroke**RECORD: 44,03 * 2016/01/30 Sonet Smit**

Name	Age	Team	Finals Time	
--- Sybil de Beer	37	NWS-KKD	SCR	

Event 25 Boys 18 & Under 50 LC Meter Freestyle**RECORD: 26,27 * 2016/01/30 Thinus Matthee**

Name	Age	Team	Finals Time	
1 Ma'az Khota	16	NWS-BPD	J25,78*	28
2 Jayson de Beer	17	NWS-KKD	26,10	10
*3 Devon Steyn	18	NCASA-FBD	26,44	7,5
*3 Cullen Thomas	16	FEZ-FDD	26,44	7,5
5 Thinus Matthee	18	NCASA-FBD	26,47	6
6 Berto Scholtz	16	NWS-KKD	26,92	5
7 Vincent Potgieter	18	NWS-BPD	27,95	4
8 Estevan Fouché	16	FEZ-FDD	30,09	3

Event 25 Boys 19-30 50 LC Meter Freestyle**RECORD: 24,03 * 2016/01/30 Gerard Naus**

Name	Age	Team	Finals Time	
1 Brendon de Beer	21	NWS-KKD	26,93	14
2 Michael Tsabedze	20	NWS-KKD	29,81	10
3 Rialdo Abrahams	29	NCASA-FBD	30,76	8
4 Kgomoiso Lebakeng	28	NWS-BPD	50,05	7

Event 25 Boys 31 & Over 50 LC Meter Freestyle**RECORD: 29,03 * 2016/01/30 Trevor Wright**

Name	Age	Team	Finals Time	
1 Bruce Rankin	53	NWS-BPD	31,23	14
2 Pierre Burger	50	NCASA-FBD	33,44	10
3 Dawie Blaauw	47	NWS-KKD	34,79	8
--- Xavier Palmer	41	NWS-KKD	DQ	
False start				

Event 26 Girls 12-13 100 LC Meter Backstroke**RECORD: 1:11,65 * 2005/02/05 Melissa H Alberts**

Name	Age	Team	Finals Time	
1 Marinet vd Walt	13	NWS-BPD	1:20,21	14
2 Nina Slaughter	12	NWS-KKD	1:21,99	10
3 Chazél Orton	12	NWS-KKD	1:22,78	8
4 Zanje van Rensburg	12	NWS-BPD	1:25,37	7
5 Danielle Immelman	13	NCASA-FBD	1:25,64	6
6 Carla Cronje	13	FEZ-FDD	1:27,12	5
7 Chloe Ehlers	12	NCASA-FBD	1:31,63	4
8 Johané Botha	13	FEZ-FDD	1:36,32	3

Event 27 Boys 12-13 100 LC Meter Breaststroke**RECORD: 1:15,95 * 2016/01/30 Malcolm Botha**

Name	Age	Team	Finals Time	
1 Juandré Uys	13	NWS-KKD	1:18,81	14
2 Kian Kirsten	13	FEZ-FDD	1:21,41	10
3 Rian Lombard	12	FEZ-FDD	1:23,32	8
4 Stefan Greyling	13	NCASA-FBD	1:27,94	7
5 Janco Viljoen	13	NWS-BPD	1:28,80	6
6 Reynard Rossouw	13	NWS-KKD	1:29,53	5
7 Tommy Villet	12	NCASA-FBD	1:30,19	4
8 Graham Gwadzoka	13	NWS-BPD	1:33,90	3

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Results

Event 28 Girls 14-15 100 LC Meter Freestyle

RECORD: 1:00,01 * 2006/01/28 Christy L Lategan

Name	Age	Team	Finals Time	
1 Bianca Opperman	15	NWS-KKD	1:04,85	14
2 Alexia Duarte	15	NWS-KKD	1:07,63	10
3 Miré Greyling	14	NWS-BPD	1:07,69	8
4 Lorraine Groenewald	15	NCASA-FBD	1:09,78	7
5 Zanri Pieterse	15	NWS-BPD	1:09,88	6
6 Shanay Gouws	15	FEZ-FDD	1:19,41	5
--- Lené du Plessis	15	FEZ-FDD	NS	
--- Dane' Olivier	14	NCASA-FBD	NS	

Event 29 Boys 14-15 100 LC Meter Backstroke

RECORD: 1:02,41 * 2016/01/30 Cullen Thomas

Name	Age	Team	Finals Time	
1 Francois Du Plessis	15	NCASA-FBD	1:10,13	14
2 Malcolm Botha	14	NWS-KKD	1:11,79	10
3 Dehan Baard	14	NWS-BPD	1:13,24	8
4 Stephan Malan	14	NWS-BPD	1:16,68	7
5 Ethan Dooling	15	NCASA-FBD	1:19,72	6
6 Rigard Nel	14	FEZ-FDD	1:22,37	5
7 Damian Wolmarans	14	NWS-KKD	1:23,46	4
8 Hanno Swanepoel	15	FEZ-FDD	1:31,34	3
--- Ruan Wolstenholme	15	NCASA-FBD	SCR	

Event 30 Girls 10-11 200 LC Meter IM

RECORD: 2:56,53 * 2015/01/31 Joane Meintjies

Name	Age	Team	Finals Time	
1 Caylin Gous	11	NCASA-FBD	3:08,00	14
2 Noxy Dzanibe	11	NWS-BPD	3:14,05	10
3 Jade vd Nat	11	NWS-BPD	3:14,08	8
4 Monny Steyn	11	NWS-KKD	3:22,22	7
5 Cameron Gilbert	11	NCASA-FBD	3:25,29	6
6 Warona Tlali	11	FEZ-FDD	3:28,06	5
7 Zanri De Witt	11	FEZ-FDD	3:31,52	4
--- Angel Geel	10	NWS-KKD	DQ	
Alternating Kick - fly				

Event 31 Boys 10-11 200 LC Meter IM

RECORD: 2:45,07 * 2016/01/30 Pieter Coetzé

Name	Age	Team	Finals Time	
1 Jonathan Adams	11	NCASA-FBD	2:59,96	14
2 Antonie Pieterse	11	NWS-BPD	3:03,75	10
3 Aiden Nel	10	NWS-KKD	3:04,30	8
4 Wessel van Niekerk	11	NCASA-FBD	3:20,14	7
5 Ryan Meiring	10	NWS-BPD	3:20,26	6
*6 HJ Knepscheld	11	FEZ-FDD	3:20,40	4,5
*6 Ewald Bartleman	11	NWS-KKD	3:20,40	4,5
8 Julian de Villiers	11	FEZ-FDD	3:23,69	3

Event 32 Girls 200 LC Meter Freestyle

RECORD: 2:12,42 * L v Vuuren

Name	Age	Team	Finals Time	
1 Nadia Blaauw	19	NWS-KKD	2:15,50	14
2 Alice' Maritz	17	NCASA-FBD	2:21,16	10
3 Tharien vd Walt	16	NCASA-FBD	2:21,37	8
4 Cornell Loubser	22	NWS-KKD	2:22,14	7
5 Jana Coetzé	15	NWS-BPD	2:31,46	6
6 Marlise Ferreira	15	NWS-BPD	2:31,81	5
7 Shanay Gouws	15	FEZ-FDD	2:51,50	4
--- Lené du Plessis	15	FEZ-FDD	NS	

Event 33 Boys 200 LC Meter Backstroke

RECORD: 2:13,93 * 2006/01/26 Willie J Scheepers

Name	Age	Team	Finals Time	
1 Van Zyl Brand	19	NWS-KKD	2:15,80	14
2 Cullen Thomas	16	FEZ-FDD	2:19,77	10
3 Ma'az Khota	16	NWS-BPD	2:27,34	8
4 Botha du Toit	17	NWS-KKD	2:35,70	7
5 Gideon Wolmarans	13	NWS-BPD	2:39,64	6
6 Jan-Ebert Kleynhans	16	NCASA-FBD	2:49,94	5
7 Ethan Dooling	15	NCASA-FBD	2:58,60	4
--- Ruan Wolstenholme	15	NCASA-FBD	SCR	

Event 34 Girls 9 & Under 50 LC Meter Butterfly

RECORD: 36,78 * 1988 T Oosthuizen

Name	Age	Team	Finals Time	
1 Simoné Henning	9	NWS-BPD	40,07	14
2 Mianique Lombard	9	FEZ-FDD	42,85	10
3 Ilze Nolte	9	NWS-KKD	43,33	8
4 Danielle Naudé	9	NWS-BPD	46,86	7
5 Xandri Palmer	9	NWS-KKD	47,20	6
6 Bay-Linn Oelofse	9	FEZ-FDD	49,55	5
7 Leané van Eeden	9	NCASA-FBD	52,11	4
8 Janica Stone	9	NCASA-FBD	1:08,53	3

Event 35 Boys 9 & Under 100 LC Meter Freestyle

RECORD: 1:14,58 * 1984 W Withfield

Name	Age	Team	Finals Time	
1 David Adams	9	NCASA-FBD	1:14,58	14
2 Pieter-Jacq du Toit	9	NWS-KKD	1:25,88	10
3 Jaydon Jansen	9	NCASA-FBD	1:29,12	8
4 Naldo Kock	8	NWS-BPD	1:30,16	7
5 Walt Esterhuysen	9	NWS-KKD	1:32,45	6
6 Edrich Cronje	9	FEZ-FDD	1:33,18	5
7 Dihandré Hartmann	8	FEZ-FDD	1:38,37	4
8 Petrie Denysschen	8	NWS-BPD	1:45,11	3

Event 36 Girls 12-13 200 LC Meter IM

RECORD: 2:42,60 * 2016/01/30 Idelé du Toit

Name	Age	Team	Finals Time	
1 Carli Venter	13	NWS-BPD	2:49,06	14
2 Chazél Orton	12	NWS-KKD	2:55,77	10
3 Kayleigh Geel	12	NWS-KKD	3:02,96	8
4 Bradine Knock	12	NWS-BPD	3:07,84	7
5 Danielle Immelman	13	NCASA-FBD	3:15,84	6
6 Carla Cronje	13	FEZ-FDD	3:16,35	5
7 Marinell Smit	12	NCASA-FBD	3:17,57	4
8 Tayla Lombard	13	FEZ-FDD	3:48,97	3

Event 37 Boys 12-13 200 LC Meter IM

RECORD: 2:32,62 * 2013/01/26 Robbie F Le Roux

Name	Age	Team	Finals Time	
1 Pieter Coetzé	12	NWS-BPD	2:32,71	14
2 Dieter Roux	13	NWS-KKD	2:33,58	10
3 Kian Kirsten	13	FEZ-FDD	2:41,70	8
4 Jayden Nel	13	FEZ-FDD	2:42,90	7
5 Janco Viljoen	13	NWS-BPD	2:46,25	6
6 Juandré Uys	13	NWS-KKD	2:47,64	5
7 Tommy Villet	12	NCASA-FBD	2:58,14	4
8 Stefan Greyling	13	NCASA-FBD	3:00,89	3
--- Rian Lombard	12	FEZ-FDD	SCR	

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Results

Event 38 Girls 7 & Under 50 LC Meter Freestyle

RECORD: 47,90 * 2016/01/30 Xanthe Nagel

Name	AgeTeam	Finals Time	
1 Wilme van der Watt	7 FEZ-FDD	146,63*	28
2 Scarlett Botes	7 NWS-KKD	49,06	10
3 Amy Fluech	7 NWS-KKD	49,83	8
4 Elizabeth Viljoen	7 NWS-BPD	51,61	7
5 Elizabeth Opperman	7 NCASA-FBD	53,57	6
6 Kayla van Heerden	6 NWS-BPD	1:07,56	5
7 Kaleah Moodley	7 NCASA-FBD	1:07,70	4

Event 39 Boys 7 & Under 50 LC Meter Freestyle

RECORD: 41,91 * 2016/01/30 Cullen Mortlock

Name	AgeTeam	Finals Time	
1 Malan Jacobsz	7 NWS-KKD	42,32	14
2 Marius Coetzer	7 NCASA-FBD	44,44	10
3 Francois Du Plessis	7 NCASA-FBD	47,90	8
4 Tiago Gomes	7 NWS-KKD	48,26	7
5 Marcelle Werner	7 NWS-BPD	52,13	6
6 Sebastian Audagnotti	7 NWS-BPD	58,38	5

Event 40 Girls 12 & Under 400 LC Meter Freestyle

RECORD: 5:28,15 * 2015/01/31 Idelê du Toit

Name	AgeTeam	Finals Time	
1 Chazêl Orton	12 NWS-KKD	15:12,16*	28
2 Zanje van Rensburg	12 NWS-BPD	5:50,26	10
3 Kayleigh Geel	12 NWS-KKD	5:52,00	8
4 Marinell Smit	12 NCASA-FBD	5:58,38	7
5 Chloe Ehlers	12 NCASA-FBD	5:59,58	6
6 Anneke van Eeden	12 NWS-BPD	6:12,71	5
7 Zanri De Witt	11 FEZ-FDD	6:14,64	4

Event 40 Girls 13-15 400 LC Meter Freestyle

RECORD: 5:04,21 * 2016/01/30 Danita Blokker

Name	AgeTeam	Finals Time	
1 Idelê du Toit	14 NWS-KKD	15:02,89*	28
2 Marlies Ferreira	15 NWS-BPD	5:33,52	10
3 Danielle Immelman	13 NCASA-FBD	5:35,02	8
4 Rulandi Viljoen	15 NWS-BPD	5:35,79	7
5 Bianca Opperman	15 NWS-KKD	5:39,81	6
6 Lwethu Mbatha	14 NWS-BPD	15:53,40	6
7 Shanay Gouws	15 FEZ-FDD	6:02,55	4
--- Dane' Olivier	14 NCASA-FBD	NS	

Event 40 Girls 16 & Over 400 LC Meter Freestyle

RECORD: 4:52,72 * 2010/01/30 Marilie Du Plessis

Name	AgeTeam	Finals Time	
1 Carina Brand	16 NCASA-FBD	5:03,08	14
2 Danita Blokker	16 NWS-KKD	5:07,40	10
3 Teliza Zaayman	16 NCASA-FBD	5:28,03	8
4 Annien Muller	17 NWS-KKD	5:37,75	7
--- Tanya Toth	18 NWS-BPD	SCR	

Event 41 Boys 12 & Under 400 LC Meter Freestyle

RECORD: 5:17,42 * 2016/01/30 Gideon Wolmarans

Name	AgeTeam	Finals Time	
1 Jaden Nel	12 FEZ-FDD	5:28,97	14
2 Estiaan Davel	12 NCASA-FBD	5:29,49	10
3 Retief Esterhuysen	12 NWS-KKD	5:30,81	8
4 Christiaan Barnard	12 NCASA-FBD	5:32,85	7
5 Chris Nel	12 NWS-BPD	5:45,56	6
6 Antonie Pieterse	11 NWS-BPD	5:48,06	5
7 Janco Uys	12 NWS-KKD	5:52,20	4

8 Julian de Villiers 11 FEZ-FDD 5:56,33 3

Event 41 Boys 13-15 400 LC Meter Freestyle

RECORD: 4:34,13 * 2015/01/31 Jayson de Beer

Name	AgeTeam	Finals Time	
1 Theo Ferreira	14 NWS-KKD	4:53,37	14
2 Stephan Thompson	15 NCASA-FBD	4:56,06	10
3 Ethan Dooling	15 NCASA-FBD	5:09,26	8
4 William-Stephen Slaughter	14 NWS-KKD	5:11,18	7
5 Kian Kirsten	13 FEZ-FDD	5:15,02	6
6 Hanno Swanepoel	15 FEZ-FDD	5:17,57	5
7 Dehan Baard	14 NWS-BPD	5:23,85	4
8 Joshua Gilfillan	14 NWS-BPD	5:24,45	3

Event 41 Boys 16 & Over 400 LC Meter Freestyle

RECORD: 4:20,90 * 2013/01/26 Jasper A Venter

Name	AgeTeam	Finals Time	
1 Alexio dos Santos	20 NWS-KKD	4:35,15	14
2 Reino von Wielligh	23 NWS-KKD	4:37,45	10
3 Juan-Pierre van Zyl	16 NWS-BPD	4:41,20	8
4 Matt Roos	17 NCASA-FBD	5:14,31	7
5 Ruben Cilliers	16 NWS-BPD	5:32,80	6
--- Marchelle Roux	16 FEZ-FDD	NS	

Event 42 Girls 10-11 100 LC Meter Backstroke

RECORD: 1:14,84 * 1990 T Oosthuizen

Name	AgeTeam	Finals Time	
1 Jade vd Nat	11 NWS-BPD	1:29,70	14
2 Meredith O'Tool	11 FEZ-FDD	1:31,56	10
3 Alexia Delicado	11 NWS-KKD	1:31,91	8
4 Caylin Gous	11 NCASA-FBD	1:35,06	7
5 Nirene van der Watt	11 FEZ-FDD	1:36,58	6
6 Cara Botha	11 NWS-BPD	1:39,12	5
7 Emma Hamman	11 NCASA-FBD	1:41,89	4
--- Anika Rossouw	11 NWS-KKD	DQ	

Shoulders past vertical toward breast

Event 43 Boys 10-11 100 LC Meter Breaststroke

RECORD: 1:25,70 * 1995 C Venter

Name	AgeTeam	Finals Time	
1 Aiden Nel	10 NWS-KKD	1:35,92	14
2 Jonathan Adams	11 NCASA-FBD	1:36,96	10
3 HJ Knepscheld	11 FEZ-FDD	1:37,16	8
4 Ruben Smit	11 NWS-BPD	1:39,65	7
5 Ryan Meiring	10 NWS-BPD	1:40,56	6
6 Ewald Bartleman	11 NWS-KKD	1:45,46	5
7 Julian de Villiers	11 FEZ-FDD	1:46,58	4
8 Stephan van Zyl	11 NCASA-FBD	1:46,93	3

Event 44 Girls 7 & Under 50 LC Meter Backstroke

RECORD: 57,05 * 2016/01/30 Xanthe Nagel

Name	AgeTeam	Finals Time	
1 Elizabeth Viljoen	7 NWS-BPD	57,55	14
2 Scarlett Botes	7 NWS-KKD	57,56	10
3 Amy Fluech	7 NWS-KKD	57,57	8
4 Wilme van der Watt	7 FEZ-FDD	58,71	7
5 Elizabeth Opperman	7 NCASA-FBD	1:02,33	6
6 Kaleah Moodley	7 NCASA-FBD	1:07,12	5

Event 45 Boys 7 & Under 50 LC Meter Breaststroke

RECORD: 1:00,71 * 2016/01/30 Dillon Beukes

Name	AgeTeam	Finals Time	
1 Francois Du Plessis	7 NCASA-FBD	157,60*	28
2 Marius Coetzer	7 NCASA-FBD	59,71*	10

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Results

(Event 45 Boys 7 & Under 50 LC Meter Breaststroke)

Name	AgeTeam	Finals Time
--- Dawid Rossouw	7 NWS-KKD	DQ
One hand touch		
--- Tiago Gomes	7 NWS-KKD	DQ
Alternating Kick		

Event 46 Girls 18 & Under 50 LC Meter Breaststroke**RECORD: 35,59 * 2006/01/26 Alke Stopforth**

Name	AgeTeam	Finals Time	
1 Annien Muller	17 NWS-KKD	37,26	14
2 Jasmine vd Nat	14 NWS-BPD	38,75	10
3 Anika Smit	16 NCASA-FBD	40,42	8
4 Carli Venter	13 NWS-BPD	40,67	7
5 Teliza Zaayman	16 NCASA-FBD	41,00	6
6 Jenna-Marie Lee	15 NWS-KKD	41,15	5
--- Leane Jordaan	16 FEZ-FDD	NS	

Event 46 Girls 19-30 50 LC Meter Breaststroke**RECORD: 49,44 * 2016/01/30 Martinette Du Toit**

Name	AgeTeam	Finals Time	
1 Licinda Kleynhans	19 NWS-KKD	1:37,06*	28
2 Nadia Blaauw	19 NWS-KKD	38,86*	10

Event 46 Girls 31 & Over 50 LC Meter Breaststroke**RECORD: 47,52 * 2016/01/30 Sonet Smit**

Name	AgeTeam	Finals Time
--- Sybil de Beer	37 NWS-KKD	SCR

Event 47 Boys 18 & Under 50 LC Meter Backstroke**RECORD: 30,54 * 2016/01/30 Van Zyl Brand**

Name	AgeTeam	Finals Time	
1 Cullen Thomas	16 FEZ-FDD	1:29,67*	28
2 Jayson de Beer	17 NWS-KKD	30,19	10
3 Ma'az Khota	16 NWS-BPD	30,62	8
4 Juan-Pierre van Zyl	16 NWS-BPD	31,33	7
5 Botha du Toit	17 NWS-KKD	33,52	6
6 Jan-Ebert Kleynhans	16 NCASA-FBD	34,02	5
7 Ethan Dooling	15 NCASA-FBD	36,73	4
--- Ruan Wolstenholme	15 NCASA-FBD	SCR	

Event 47 Boys 19-30 50 LC Meter Backstroke**RECORD: 27,03 * 2016/01/30 Willie Scheepers**

Name	AgeTeam	Finals Time	
1 Van Zyl Brand	19 NWS-KKD	32,19	14
2 Brendon de Beer	21 NWS-KKD	35,65	10
3 Rialdo Abrahams	29 NCASA-FBD	43,36	8
4 Kgomotso Lebakeng	28 NWS-BPD	1:08,51	7

Event 47 Boys 31 & Over 50 LC Meter Backstroke**RECORD: 37,04 * 2016/01/30 Trevor Wright**

Name	AgeTeam	Finals Time	
1 Bruce Rankin	53 NWS-BPD	38,23	14

Event 48 Girls 9 & Under 200 LC Meter IM**RECORD: 3:18,04 * 2013/01/26 Joane Meintjies**

Name	AgeTeam	Finals Time	
1 Simoné Henning	9 NWS-BPD	3:12,56*	28
2 Mianique Lombard	9 FEZ-FDD	3:16,24*	10
3 Xandri Palmer	9 NWS-KKD	3:40,38	8
4 Casey Joubert	9 NWS-KKD	3:43,40	7
5 Gemma Mansil	9 FEZ-FDD	3:47,59	6
6 Marleen du Preez	9 NWS-BPD	3:52,73	5
7 Jane Smit	9 NCASA-FBD	4:10,07	4

Event 49 Boys 9 & Under 200 LC Meter IM**RECORD: 3:06,24 * 2013/01/26 Zander Z Landman**

Name	AgeTeam	Finals Time	
1 David Adams	9 NCASA-FBD	3:20,28	14
2 Jaydon Jansen	9 NCASA-FBD	3:45,05	10
3 Pieter-Jacq du Toit	9 NWS-KKD	3:45,97	8
4 George Marais	9 FEZ-FDD	3:53,42	7
5 Edrich Cronje	9 FEZ-FDD	3:54,62	6
6 Christiaan Bothma	9 NWS-BPD	4:09,47	5
7 Walt Esterhuysen	9 NWS-KKD	4:17,97	4
8 Adrian Pienaar	8 NWS-BPD	4:28,23	3

Event 50 Girls 12-13 100 LC Meter Butterfly**RECORD: 1:06,49 * 2005/02/05 Melissa H Alberts**

Name	AgeTeam	Finals Time	
1 Marinet vd Walt	13 NWS-BPD	1:19,14	14
2 Kayleigh Geel	12 NWS-KKD	1:24,17	10
3 Bradine Knock	12 NWS-BPD	1:27,76	8
4 Gabriella de Beer	12 NWS-KKD	1:35,40	7
5 Lenize Wolstenholme	12 NCASA-FBD	1:42,97	6
6 Chloe Ehlers	12 NCASA-FBD	1:46,98	5

Event 51 Boys 12-13 100 LC Meter Freestyle**RECORD: 58,49 * 2003/02/01 Mages J Du Toit**

Name	AgeTeam	Finals Time	
1 Dieter Roux	13 NWS-KKD	1:00,10	14
2 Reynard Rossouw	13 NWS-KKD	1:01,42	10
3 Pieter Coetzé	12 NWS-BPD	1:02,86	8
4 Gideon Wolmarans	13 NWS-BPD	1:02,98	7
5 Kian Kirsten	13 FEZ-FDD	1:03,12	6
6 Rian Lombard	12 FEZ-FDD	1:06,58	5
7 Stefan Greyling	13 NCASA-FBD	1:09,26	4
8 Tommy Villet	12 NCASA-FBD	1:11,34	3

Event 52 Girls 14-15 100 LC Meter Backstroke**RECORD: 1:09,65 * 2006/01/28 Melissa H Alberts**

Name	AgeTeam	Finals Time	
1 Zanri Pieterse	15 NWS-BPD	1:15,83	14
2 Jasmine vd Nat	14 NWS-BPD	1:17,11	10
3 Idelé du Toit	14 NWS-KKD	1:20,35	8
4 Alyssa Norman	14 NWS-KKD	1:20,92	7
5 Lorraine Groenewald	15 NCASA-FBD	1:24,44	6
6 Barbara-Anne De Bruin	15 NCASA-FBD	1:25,98	5
7 Telize Sevenster	14 FEZ-FDD	1:30,10	4
--- Lené du Plessis	15 FEZ-FDD	NS	

Event 53 Boys 14-15 100 LC Meter Breaststroke**RECORD: 1:11,02 * 2001/02/03 Stef S Potgieter**

Name	AgeTeam	Finals Time	
1 Malcolm Botha	14 NWS-KKD	1:14,39	14
2 Francois Du Plessis	15 NCASA-FBD	1:15,98	10
3 Stephan Thompson	15 NCASA-FBD	1:18,26	8
4 Kyle Schoeman	14 NWS-BPD	1:24,96	7
5 Stephan Malan	14 NWS-BPD	1:30,08	6
6 Hanno Swanepoel	15 FEZ-FDD	1:30,44	5
7 Jarrett van den Berg	14 FEZ-FDD	1:34,03	4
8 William-Stephen Slaughter	14 NWS-KKD	1:36,41	3

Event 54 Girls 200 LC Meter Backstroke**RECORD: 2:32,20 * 2001/02/03 Veronica L Diering**

Name	AgeTeam	Finals Time	
1 Sam Blaauw	21 NWS-KKD	2:37,77	14
2 Gabriella Pedro	16 NWS-BPD	2:39,26	10

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Results

(Event 54 Girls 200 LC Meter Backstroke)

Name	Age	Team	Finals Time	
3 Alice' Maritz	17	NCASA-FBD	2:41,20	8
4 Tharien vd Walt	16	NCASA-FBD	2:50,86	7
5 Jasmine vd Nat	14	NWS-BPD	2:56,92	6
6 Anja Boucher	17	NWS-KKD	2:59,88	5

Event 55 Boys 200 LC Meter Breaststroke**RECORD: 2:28,32 * 2004/02/07 William G Diering**

Name	Age	Team	Finals Time	
1 Sergio dos Santos	22	NWS-KKD	2:44,69	14
2 Matt Roos	17	NCASA-FBD	2:45,67	10
3 Van Zyl Brand	19	NWS-KKD	2:52,28	8
4 Wian Schoeman	16	NWS-BPD	2:52,64	7
5 Juan-Pierre van Zyl	16	NWS-BPD	2:57,44	6
6 Marius Keeve	17	FEZ-FDD	2:59,74	5
7 Francois Du Plessis	15	NCASA-FBD	3:13,27	4

Event 56 Girls 9 & Under 100 LC Meter Freestyle**RECORD: 1:14,06 * 1988 T Oosthuizen**

Name	Age	Team	Finals Time	
1 Simoné Henning	9	NWS-BPD	1:21,07	14
2 Mianique Lombard	9	FEZ-FDD	1:21,27	10
3 Danielle Naudé	9	NWS-BPD	1:25,28	8
4 Casey Joubert	9	NWS-KKD	1:32,16	7
5 Gemma Mansil	9	FEZ-FDD	1:38,42	6
6 Leané van Eeden	9	NCASA-FBD	1:39,01	5
7 Jane Smit	9	NCASA-FBD	1:48,68	4
8 Keira Schroll	9	NWS-KKD	1:50,78	3

Event 57 Boys 9 & Under 50 LC Meter Butterfly**RECORD: 36,27 * 1990 L Wilken**

Name	Age	Team	Finals Time	
1 David Adams	9	NCASA-FBD	41,09	14
2 Deon Smit	9	NCASA-FBD	46,58	10
3 Naldo Kock	8	NWS-BPD	48,15	8
4 Edrich Cronje	9	FEZ-FDD	50,90	7
5 Declan Mansil	8	FEZ-FDD	53,27	6
6 Petrie Denyschen	8	NWS-BPD	1:03,03	5
7 Francois Goosen	8	NWS-KKD	1:03,05	4
--- Walt Esterhuysen	9	NWS-KKD	DQ	
Alternating Kick				

Event 58 Girls 10-11 100 LC Meter Breaststroke**RECORD: 1:19,09 * 1990 T Oosthuizen**

Name	Age	Team	Finals Time	
1 Noxy Dzanibe	11	NWS-BPD	1:39,16	14
2 Cameron Gilbert	11	NCASA-FBD	1:39,89	10
3 Frankie Spies	11	NWS-BPD	1:41,28	8
4 Caylin Gous	11	NCASA-FBD	1:44,17	7
5 Zanri De Witt	11	FEZ-FDD	1:44,27	6
6 Warona Tlali	11	FEZ-FDD	1:44,58	5
7 Monny Steyn	11	NWS-KKD	1:45,86	4
8 Anika Rossouw	11	NWS-KKD	1:47,90	3
--- Alexia Delicado	11	NWS-KKD	SCR	

Event 59 Boys 10-11 100 LC Meter Backstroke**RECORD: 1:16,75 * 2016/01/30 Pieter Coetzé**

Name	Age	Team	Finals Time	
1 Tiaan Rossouw	11	NWS-KKD	1:23,00	14
2 Wessel van Niekerk	11	NCASA-FBD	1:26,36	10
3 Julian de Villiers	11	FEZ-FDD	1:29,24	8
4 Ruben Smit	11	NWS-BPD	1:30,43	7
5 Christiaan van Eeden	10	NWS-BPD	1:30,56	6

6 Adrian Le Roux	11	FEZ-FDD	1:33,07	5
7 Philip du Plessis	11	NWS-KKD	1:35,05	4
8 Wian Weenink	10	NCASA-FBD	1:36,32	3

Event 60 Girls 18 & Under 50 LC Meter Butterfly**RECORD: 30,70 * 2016/01/30 Jana Coetzé**

Name	Age	Team	Finals Time	
1 Jana Coetzé	15	NWS-BPD	1:29,78*	28
2 Carina Brand	16	NCASA-FBD	32,40	10
3 Tharien vd Walt	16	NCASA-FBD	32,49	8
4 Alexia Duarte	15	NWS-KKD	33,94	7
5 Marinette vd Walt	13	NWS-BPD	34,03	6
6 Anja Boucher	17	NWS-KKD	36,22	5

Event 60 Girls 19-30 50 LC Meter Butterfly**RECORD: 29,86 * 2014/01/25 Mylize Symington**

Name	Age	Team	Finals Time	
1 Cornell Loubser	22	NWS-KKD	31,12	14
2 Licinda Kleynhans	19	NWS-KKD	32,86	10
3 Martinette Du Toit	24	NCASA-FBD	41,67	8

Event 60 Girls 31 & Over 50 LC Meter Butterfly

Name	Age	Team	Finals Time	
--- Sybil de Beer	37	NWS-KKD	SCR	

Event 61 Boys 18 & Under 50 LC Meter Breaststroke**RECORD: 30,87 * 2006/01/26 Marko Visser**

Name	Age	Team	Finals Time	
1 Wian Schoeman	16	NWS-BPD	33,36	14
2 Cullen Thomas	16	FEZ-FDD	33,54	10
3 Marius Keeve	17	FEZ-FDD	35,14	8
4 Botha du Toit	17	NWS-KKD	35,91	7
5 Ruben Cilliers	16	NWS-BPD	36,09	6
6 Thinus Matthee	18	NCASA-FBD	36,51	5
7 Hlalele Chaane	16	NWS-KKD	36,93	4
8 Jan-Ebert Kleynhans	16	NCASA-FBD	38,23	3

Event 61 Boys 19-30 50 LC Meter Breaststroke**RECORD: 31,79 * 2016/01/30 Willie Scheepers**

Name	Age	Team	Finals Time	
1 Sergio dos Santos	22	NWS-KKD	33,04	14
2 Brendon de Beer	21	NWS-KKD	36,52	10
3 Rialdo Abrahams	29	NCASA-FBD	46,53	8

Event 61 Boys 31 & Over 50 LC Meter Breaststroke**RECORD: 40,45 * 2016/01/30 Trevor Wright**

Name	Age	Team	Finals Time	
1 Pierre Burger	50	NCASA-FBD	42,20	14
2 Bruce Rankin	53	NWS-BPD	44,26	10

Event 62 Girls 12-13 100 LC Meter Freestyle**RECORD: 1:02,23 * 2013/01/26 Peta-Leigh L Venter**

Name	Age	Team	Finals Time	
1 Chazél Orton	12	NWS-KKD	1:07,24	14
2 Danielle Immelman	13	NCASA-FBD	1:07,98	10
3 Carli Venter	13	NWS-BPD	1:08,88	8
4 Nina Slaughter	12	NWS-KKD	1:09,51	7
5 Marinette vd Walt	13	NWS-BPD	1:16,53	6
6 Marinell Smit	12	NCASA-FBD	1:17,03	5
7 Johané Botha	13	FEZ-FDD	1:18,86	4
8 Carla Cronje	13	FEZ-FDD	1:19,82	3

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Name	Age	Team	Finals Time	
1 Dieter Roux	13	NWS-KKD	1:06,92	14
2 Pieter Coetzé	12	NWS-BPD	1:06,98	10
3 Janco Viljoen	13	NWS-BPD	1:13,99	8
4 Rian Lombard	12	FEZ-FDD	1:15,19	7
5 Retief Esterhuysen	12	NWS-KKD	1:15,67	6
6 Tommy Villet	12	NCASA-FBD	1:21,58	5
7 Kian Kirsten	13	FEZ-FDD	1:23,13	4
8 Stefan Greyling	13	NCASA-FBD	1:27,32	3

Event 64 Girls 14-15 100 LC Meter Breaststroke**RECORD:** 1:15,81 * Verona Swartz

Name	Age	Team	Finals Time	
1 Jasmine vd Nat	14	NWS-BPD	1:26,15	14
2 Alyssa Norman	14	NWS-KKD	1:28,31	10
3 Jenna-Marie Lee	15	NWS-KKD	1:31,55	8
4 Miré Greyling	14	NWS-BPD	1:32,16	7
5 Telize Sevenster	14	FEZ-FDD	1:41,73	6
6 Andria Opperman	15	NCASA-FBD	1:43,22	5
7 Barbara-Anne De Bruin	15	NCASA-FBD	1:48,54	4

Event 65 Boys 14-15 100 LC Meter Butterfly**RECORD:** 1:00,53 * 2016/01/30 Cullen Thomas

Name	Age	Team	Finals Time	
1 Malcolm Botha	14	NWS-KKD	1:04,51	14
2 Francois Du Plessis	15	NCASA-FBD	1:05,65	10
3 Theo Ferreira	14	NWS-KKD	1:06,79	8
4 Stephan Thompson	15	NCASA-FBD	1:17,37	7
5 Kyle Schoeman	14	NWS-BPD	1:18,37	6
6 Hanno Swanepoel	15	FEZ-FDD	1:19,06	5
7 Dylan Snyman	14	NWS-BPD	1:19,65	4
8 Jarrett van den Berg	14	FEZ-FDD	1:33,70	3

Event 66 Girls 200 LC Meter Breaststroke**RECORD:** 2:47,48 * 2006/01/26 Cobie J Beytell

Name	Age	Team	Finals Time	
1 Annien Muller	17	NWS-KKD	3:07,78	14
2 Teliza Zaayman	16	NCASA-FBD	3:08,76	10
3 Anika Smit	16	NCASA-FBD	3:14,41	8
4 Carli Smit	14	NWS-BPD	3:14,61	7
5 Licinda Kleynhans	19	NWS-KKD	3:16,59	6
--- Gabriella Pedro	16	NWS-BPD	DNF	
Did not finish				
--- Leane Jordaan	16	FEZ-FDD	NS	

Event 67 Boys 200 LC Meter Butterfly**RECORD:** 2:10,93 * 2003/02/01 Peter Hos

Name	Age	Team	Finals Time	
1 Ma'az Khota	16	NWS-BPD	2:24,54	14
2 Reino von Wielligh	23	NWS-KKD	2:26,85	10
3 Matt Roos	17	NCASA-FBD	2:38,88	8
4 Rudy van Graan	17	NWS-KKD	2:42,80	7
5 Gideon Wolmarans	13	NWS-BPD	2:48,57	6
6 Tim Roos	15	NCASA-FBD	3:21,26	5

Event 68 Girls 9 & Under 200 LC Meter Medley Relay**RECORD:** 3:06,20 * 2008/01/26 North West Swimming

C du Plessis, E Cronje, J Schaap, A Pretorius

Team	Relay	Finals Time	
1 NWS-BPD	A	3:07,03	28
2 NWS-KKD	A	3:08,00	20

3 FEZ-FDD	A	3:25,39	16
4 NCASA-FBD	A	3:48,48	14

Event 69 Boys 9 & Under 200 LC Meter Medley Relay**RECORD:** 2:57,34 * 2008/01/26 Northern Cape Aquatics

M LAHOUD, J STARR, D Steyn, M Van Niekerk

Team	Relay	Finals Time	
1 NCASA-FBD	A	3:01,98	28
2 NWS-KKD	A	3:03,01	20
3 FEZ-FDD	A	3:10,97	16
4 NWS-BPD	A	3:20,76	14
5 NCASA-FBD	B	x3:52,93	

Event 70 Girls 10-11 200 LC Meter Medley Relay**RECORD:** 2:34,80 * 2008/01/23 Northern Free State Aquatics

M Loubser, C Saaiman, C Saaiman, S vd Merwe

Team	Relay	Finals Time	
1 NWS-BPD	A	2:43,80	28
2 FEZ-FDD	A	2:48,29	20
3 NWS-KKD	A	2:49,63	16
4 NCASA-FBD	A	2:55,29	14

Event 71 Boys 10-11 200 LC Meter Medley Relay**RECORD:** 2:30,87 * 2010/01/30 Northern Free State Aquatics

Z Waddell, Z Schmidt, N McBeth, R Le Roux

Team	Relay	Finals Time	
1 NWS-BPD	A	2:36,42	28
2 NCASA-FBD	A	2:37,48	20
3 NWS-KKD	A	2:42,17	16
4 FEZ-FDD	A	2:45,09	14

Event 72 Girls 12-13 200 LC Meter Medley Relay**RECORD:** 2:16,06 * 2013/01/26 North West Swimming

T Alexander, A Muller, T Pieterse, P Venter

Team	Relay	Finals Time	
1 NWS-BPD	A	2:27,00	28
2 NWS-KKD	A	2:29,02	20
3 NCASA-FBD	A	2:41,27	16
4 FEZ-FDD	A	2:46,98	14

Event 73 Boys 12-13 200 LC Meter Medley Relay**RECORD:** 2:10,88 * 2008/01/26 North West Swimming

H Louw, S dos Santos, A Antha, J Fourie

Team	Relay	Finals Time	
1 NWS-KKD	A	J2:09,26*	56
2 NWS-BPD	A	2:14,01	20
3 FEZ-FDD	A	2:18,32	16
4 NCASA-FBD	A	2:26,11	14

Event 74 Girls 14-15 200 LC Meter Medley Relay**RECORD:** 2:14,49 * 2015/01/31 North West Swimming

G Pedro, A Muller, T Pieterse, T Alexander

Team	Relay	Finals Time	
1 NWS-BPD	A	2:15,36	28
2 NWS-KKD	A	2:21,97	20
3 NCASA-FBD	A	2:39,63	16

Event 75 Boys 14-15 200 LC Meter Medley Relay**RECORD:** 1:58,99 * 2016/01/30 NWS Northern Districts

J van Zyl, W Schoeman, M Khota, T vd Merwe

Team	Relay	Finals Time	
1 NWS-KKD	A	2:06,96	28
2 NCASA-FBD	A	2:10,35	20
3 NWS-BPD	A	2:12,30	16

4 + 1 Inter District Gala 2017 - 2017/01/28**Results****(Event 75 Boys 14-15 200 LC Meter Medley Relay)**

Team	Relay	Finals Time	
4 FEZ-FDD	A	2:20,60	14

Event 76 Girls 16-18 200 LC Meter Medley Relay**RECORD: 2:10,05 * 2016/01/30 NWS Southern Districts****M Pistorius, A Muller, S Blaauw, E Cronje**

Team	Relay	Finals Time	
1 NCASA-FBD	A	2:16,84	28
2 NWS-KKD	A	2:19,95	20
--- NWS-BPD	A	NS	

Event 76 Girls 19 & Over 200 LC Meter Medley Relay**RECORD: 2:10,98 * 2015/01/31 North West Swimming****M Pistorius, A Stopforth, C Loubser, S Blaauw**

Team	Relay	Finals Time	
1 NWS-KKD	A	J2:10,58	56

Event 77 Boys 16-18 200 LC Meter Medley Relay**RECORD: 1:51,01 * 2006/01/28 Griqualand West****W Scheepers, N Heyns, J Scheepers, J vd Merwe**

Team	Relay	Finals Time	
1 NWS-KKD	A	1:58,80	28
2 NWS-BPD	A	1:58,84	20
3 NCASA-FBD	A	2:00,00	16
4 FEZ-FDD	A	2:02,27	14

Event 77 Boys 19 & Over 200 LC Meter Medley Relay**RECORD: 1:51,01 * 2006/01/28 Griqualand West****W Scheepers, N Heyns, J Scheepers, J vd Merwe**

Team	Relay	Finals Time	
1 NWS-KKD	A	2:01,78	28
2 NWS-BPD	A	2:16,08	20

Combined Team Scores

Combined Team Scores - Through Event 77	
1. Nws Southern Districts	1768
2. Nws Northern Districts	1443,5
3. Northern Cape Aquatics Sports	1274
4. Fezile Dabi Aquatics	760,5

Scores - Women

Women - Team Rankings - Through Event 77	
1. Nws Southern Districts	897
2. Nws Northern Districts	753
3. Northern Cape Aquatics Sports	544
4. Fezile Dabi Aquatics	308

Scores - Men

Men - Team Rankings - Through Event 77	
1. Nws Southern Districts	851
2. Northern Cape Aquatics Sports	714
3. Nws Northern Districts	662,5
4. Fezile Dabi Aquatics	438,5